

## *Jesus Prayer Ropes*

*Lord Jesus Christ, Son of God, have mercy on me.*

The Jesus Prayer is an ancient Eastern Orthodox tradition aimed at bringing one into constant remembrance of God. It has become known to Western Christians largely through the popular spiritual classic from Holy Russia, *The Way of a Pilgrim*. In doing the Jesus Prayer, it is customary to use a prayer rope.

The nuns of St. Nilus Skete, on a small island near St. Herman's Spruce Island in Alaska, carefully tie traditional prayer ropes by hand out of woolen yarn. Prayer ropes in the Romanian style, with special knots wrapped with silken-like thread instead of beads, are also made by the sisters, in addition to prayer ropes knotted from satin cord.

### Traditional Wool Prayer Ropes with Beads

These are available in both Russian style (with beads every 10 knots and a tasseled cross) and Greek style (with beads every 25 knots and a plain cross). While commonly made with black yarn, prayer ropes made with colored yarn may be ordered. Blue, green, and burgundy yarn are currently available.

33-knot bracelet (with or without cross; please specify)	\$13
50-knot (specify Russian or Greek style)	\$16
100-knot (specify Russian or Greek style)	\$26
300-knot (beads every 50 knots; Russian or Greek cross)	\$63

### Romanian Wrapped-Knot Prayer Ropes

These prayer ropes are made with black wool yarn. The colors available for the wrapped knots are: red, red-orange, cadmium red, violet-red, deep fuchsia, green, spring green, forest green, lavender, peach, coral, deep pink, purple, periwinkle, turquoise, light blue, dark blue, royal blue, tan, and silver gray.

33-knot bracelet (with or without cross; please specify)	\$15
50-knot (wrapped every 25 knots)	\$20
100-knot (wrapped every 25 knots)	\$35
300-knot (wrapped every 100 knots)	\$75

### Satin Cord 100-Knot Prayer Ropes

Seven colors are available: black, charcoal gray, scarlet red, royal blue, emerald green, plum, and teal. Slightly smaller than our woolen prayer ropes, these are made in the Greek style only (beads every 25 knots, with a plain cross).

100-knot satin cord	\$30
---------------------	------

## Jesus Prayer Ropes

### ORDER FORM

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **ST** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Please send me:**

Description	Qty	Price

*Please make check or money order payable to:*

**St. Nilus Skete**  
**PO Box 18**  
**Ouzinkie, AK 99644**

<b>Subtotal</b>	
<b>Postage*</b>	
<b>Total enclosed</b>	

\*Postage: Please add 10% postage (minimum of \$2.50, not to exceed \$6.00). For large orders, please send \$12.00 postage.